

# Off The RACC



## ARTS AND EATS

### TIME FOR A ROAD TRIP!

If it's fall, Arts and Eats is around the corner! It's the 10th year for this back-roads color tour of art, farms and food and we're glad to be showcasing so many artists this year. Grab your go mug, warm up the GPS (or get a map from the RACC) and visit as many of the 43 sites as you can! People come from Chicago, Wisconsin and all over the state to take part in this two day event. We often see women having a blast on their "girl's day out" or couples making a date of it buying art, presents, and reveling in the fall colors. And laughter? Yes, there's plenty of that!

We're looking forward to the Harvest Market Festival! It's your last chance to buy crisp, fresh produce, delicious baked goods and much more from our farmers and artisans. We'll have a scavenger hunt, prizes, dinner on site and much more in store, don't miss out! Lots of outdoor fun for the whole family.

### RAKE AND RUN

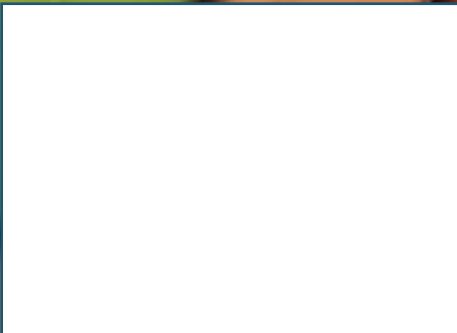
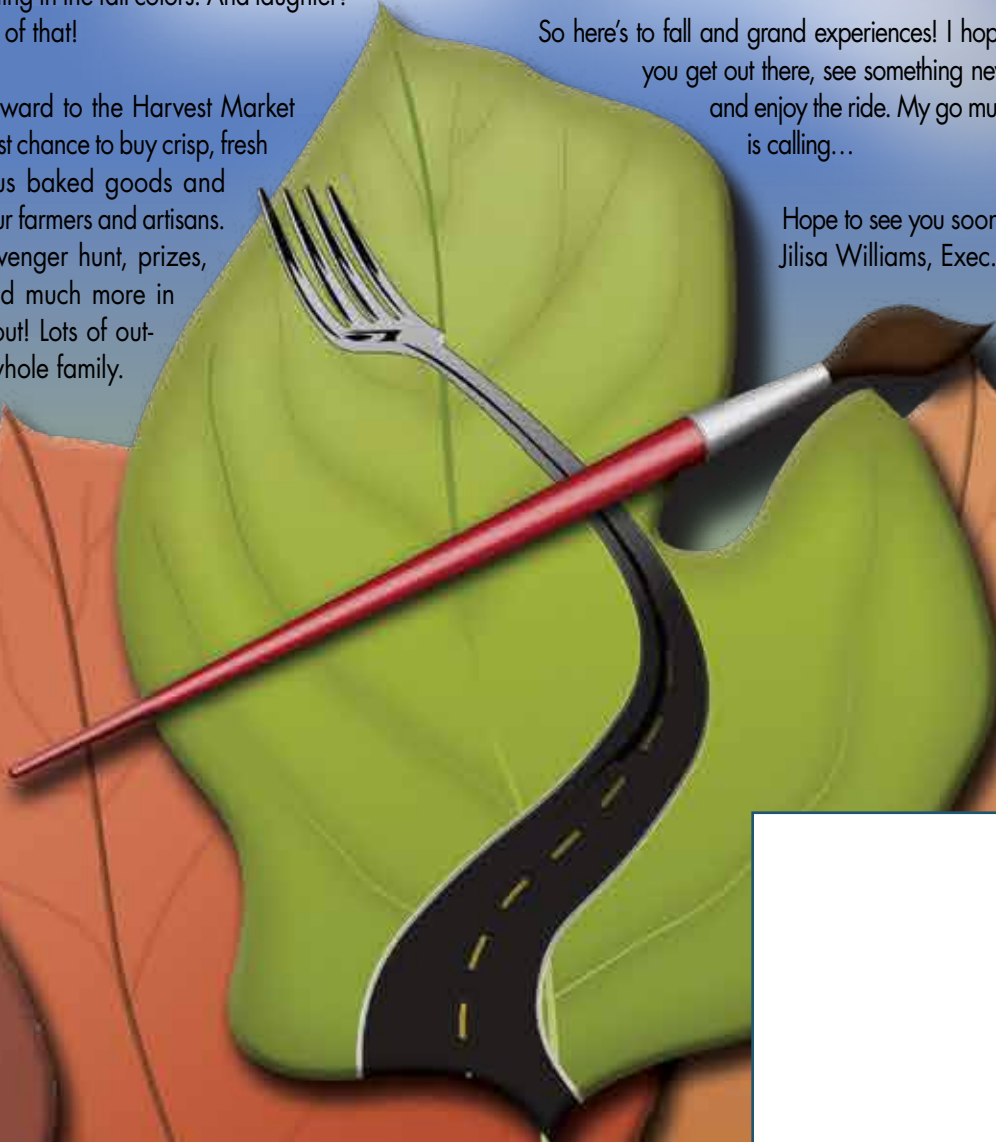
Once again, we're working with Gateway Academy students and Rotary to rake the leaves of seniors who are no longer able to do so. This is a wonderful way for the community to pull together to help one another! See inside for the number to call to get your name on the list.

### UPCOMING CLASSES

Look for a landscape pastel workshop; classes to get stronger, toned and build muscle before the holidays; an acrylic painting class and yes, our Smart Phone tutoring has returned! Outside, we see AYSO soccer players on the field and their parents and many people enjoying autumn on the trails.

So here's to fall and grand experiences! I hope you get out there, see something new, and enjoy the ride. My go mug is calling...

Hope to see you soon!  
Jilisa Williams, Exec. Director



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# ARTS AND EATS AT THE RACC!

ARTS and EATS is just one more reason why we LOVE fall in Southwest Michigan! This is an awesome celebration focused on the beauty of art, nature, and great food! The 10th Annual Arts and Eats event will be held October 16 and 17, from 10 am-5 pm. Forty six studios, galleries, restaurants, and farms, spread across Barry, Allegan, and Kalamazoo Counties, will be open to the public for an awesome, backroads experience!



Stop in and see us! The RACC is delighted to be a Central Venue on the tour. We are hosting several well-known and talented artists who use a wide variety of materials to create unique and beautiful pieces which will be displayed for your viewing and for sale.

## RACC ARTS AND EATS ARTISTS

### Merritt Creations

*wood and natural creations*

**Tom Woolworth, Wood Worker** ~ wood

**Star Glass Creations** ~ glass

**Kiefer Prints** ~ printmaking

**Ellen Nelson Artist** ~ oil on canvas

**Barbara McAllister** ~ yarn creations

### CuLove Designs

*copper, stone, and mixed-metal jewelry*

**Turn, turn, turn** ~ wood items

**Wonderland Alpacas of Michigan**

*alpaca wool: knitted, needle felted, etc.*

**KScheffers StudioArt - Feathered n Framed**

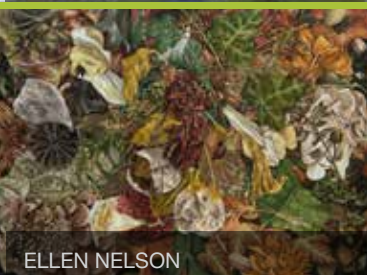
*watercolors*

**The Art of Anna Barnhart** ~ acrylics

### House Jewelry & Glass

*kiln-fused glass and jewelry*

ANNA BARNHART



ELLEN NELSON



KIEFER PRINTS



HOUSE JEWELRY AND GLASS



TURN, TURN, TURN



**WALKER, FLUKE & SHELDON, PLC**  
CERTIFIED PUBLIC ACCOUNTANTS

**Katherine K. Sheldon** | CPA

**David G. DeHaan** | CPA

8700 Gull Road  
Richland, MI 49083  
Phone | 269.629.9658

wfscpas.com

Don't forget to stop at other local sites on the tour, including: The Little Yellow Frame Shop, Michael Kifer Clay Studio, Seven Sisters Shoppe, Northwoods Gallery, W.K. Kellogg Biological Station Bird Sanctuary, Valli Thayer McDougle, and Stasevich Studio at Tall Trees Farm.

# HARVEST MARKET FESTIVAL

Join us for our 2nd Annual Harvest Market Festival! There'll be a family-friendly scavenger hunt, with the book "The Scarecrow", a photo booth, giveaways, pumpkins, produce, arts & crafts, delicious baked goods and more! It's sure to be some middle of the week fun, Weds. Oct. 20, 3-6 pm.

And don't worry about making dinner! 20/20 Catering and Bistro will serve up cash-and-carry meals, sure to be delicious! Be sure to take advantage of our Pop-Up "Gently Loved" Purse Sale—just \$5 each, cash only. All proceeds benefit the Richland Area Community Center! See you Oct. 20th!

Thank you to our generous donors: Great Grounds Coffee Café and Note-worthy by Design!

## ART HOP! WHAT A NIGHT!

We were so excited to bring ART HOP Back to Richland. We had 11 Art Hop Sites throughout Richland. It was a beautiful night full of interesting and gorgeous art, music, and performances.

Of course, this couldn't have happened without the support and help of many, many people! Thank you to:

- ART HOP Stops for staying open and providing a space/venue for the artists to shine.
- Local Businesses for allowing us to put up posters and distribute flyers for this wonderful event.
- Volunteers, we couldn't have done it without you—from promotion to set-up and tear-down—you are wonderful!
- Supporters, you not only made this event possible, your support also makes possible ALL the events/programs that the RACC provides.
- our Sponsor, the Arts Council of Greater Kalamazoo!

Thanks for caring about our community! Unfortunately, our After-Hop concert was cancelled due to a Covid-19 exposure. Although we were disappointed not to bring this fun, musical event to you, we are grateful that the band put everyone's health and safety first.

We look forward to seeing you at ART HOP 2022 with an expanded list of ART HOP STOPS within the greater Richland area!



Go renewable and save when switching to solar!

If you have been waiting for a sign to switch and install solar panels, this is it!!

Installing solar panels on your property has more benefits than the already obvious (saving on energy bills and the planet). On average, the savings for a 5kW system range around \$500-760 dollars in the first year of operation plus they increase the value of your property.

Additionally the **Solar Tax Credit (ITC)** is a 26% Federal tax incentive on the cost of your solar system (only for cash and loan purchases). Because the investment in solar panels is huge, **Michigan Saves** is a financing program that offers homeowners the chance to upgrade for energy efficiency at their homes with loans up to \$30,000. Also, Consumers Energy has a pilot **All-Electric New home Construction program** that provides incentives up to \$25,500 for builders and owners for achieving net-zero requirements.

Consult your contractor to see which options fit you best!! Go solar today!



Sources: Michigan Saves, gosunpro.com +FLATICON

# FREE! HARVEST MARKET FESTIVAL!

Pumpkins, Produce, Scavenger Hunt, Photo Booth, Give Aways, Arts & Crafts, Delicious Baked Goods!



Wednesday, 10.20.21 | 3-6 pm  
Richland Area Community Center



# Classes an



## **NEW! SOFT PASTEL SECRETS WITH LISA OLIVAREZ**

**Thursday, November 4, 6:00-8:30 pm, \$60**

Spend 2.5 hours with Lisa, a renowned local artist who has competed in Art Prize, belongs to the Plein Air Artists of West Michigan, and has studied under many well-known artists.

You'll learn how to create your own 9"x12" ready-to-frame pastel painting. Lisa will share her tips and tricks and guide you through the steps to help you achieve certain success! Bring inspiration photos. Suitable for beginner to advanced. **Min 6/ Max 12** (\$15 materials fee to be paid to instructor day of class)

Register by 10/30

## **NEW! TOTAL BODY CONDITIONING WITH STEPHANIE GAMBEE**

**Monday evenings, 6:00-7:00 pm, Mondays, Nov 1, 8, 15, 22, 29 and Dec. 13, \$60**

Get toned up for the holidays with Stephanie's six-week Total Body Conditioning class! You'll build strength and muscle so you can feel your best in your holiday finery and start 2022 off right! If you have them, bring 5 lb, 8 lb, and/or 10 lb dumbbells. **Min 5/Max 12**



## **NEW! ANNA BARNHART ACRYLICS**

**Thursday, December 9, 6:00-8:00 pm, Ages 12+, \$45**

**Must register by December 7.**

Create a 16"x20" acrylic painting of a snowman with a family of cardinals in this winter class taught by Kalamazoo artist Anna Barnhart. Bring a friend and take a break from the holiday hustle to make a lovely gift for yourself or a friend. You'll use brushes and non-conventional painting tools. Some people view Cardinals as a visit from someone who has passed—this would be a beautiful and festive way to honor them. **Min 5/ Max 13**

## **NEW! STRENGTH AND CONDITIONING WITH DEIDRE SMITH**

**Tuesdays, 10:30-11:15 am, Oct 26, Nov 2, 9, 16, 30, Dec 7, \$60**

Get toned using weights, bands and more. Deidre is a fitness instructor with a wealth of experience in working with people to get them in great shape. Her classes are always fun and upbeat, and you'll get stronger along the way! Get your fit on with Deidre! Register by October 23 to save your spot! (Bring some weights to class)



## **FREE TECHNOLOGY TUTORING!**

**Have a Smart Phone? Need Help?**

**Tuesdays, 9:00-11:00 am, Oct 12 & 26, Nov 9 & 30, Dec 14**

**FREE, must register at 629.9430**

Register for a 30-minute session and get personalized instruction. Have questions? We have answers! Learn how to use your phone and/or tablet to stay connected with family and friends.

# d Programs

## MAT PILATES WITH DEIDRE SMITH

**Tuesdays, 9:15-10:15 am, \$10 (drop-in)**

Pilates is designed to strengthen and lengthen—especially your core—and all exercises are performed right on an exercise mat. Deidre provides variations, as needed. Interested in toning and strengthening? This class does exactly that, feel longer and leaner!



## GENTLE YOGA WITH CATHY TUCCI

**Mondays and Thursdays, 10:15-11:15 am, \$5 (drop-in)**

This is a wonderful class for men and women of any age. Cathy has years of experience and provides alternative poses to fit your current fitness ability. Yoga has so many health benefits—physical and mental—come find out what it's all about!

## INTERMEDIATE YOGA WITH CATHY TUCCI

**Mondays and Thursdays, 9:00-10:00 am, \$5 (drop-in)**

Cathy helps you get the most out of your yoga practice in this advanced class. Postures will require more strength and stamina than basic yoga and fluid movements between poses will bring more intensity to the practice. It is a fantastic class to stretch, lengthen, and strengthen while burning calories.



## TAE KWON DO WITH SHERI BENEDICT

**Thursdays, 6:00-7:00 Pm, \$35/\$50 month**

Tae Kwon Do is a non-contact sport that teaches men, women and children of all ages how to defend themselves. Through the use of this ancient Korean martial art, students also gain confidence, dexterity and coordination while learning self-discipline.

## RAKE N RUN

**FREE, must register at 269.548.3427 to get scheduled**

Are you older and unable to complete your fall raking? Do you live in the Richland Area? We are partnering with Gateway Academy students and the Gull Lake Area Rotary Club to provide raking for those who need help. Space is limited. Only raking will be provided. First come, first served!



All classes require pre-payment. Please pay with check or cash; online at [www.richlandareacc.org](http://www.richlandareacc.org); or by phone by calling 629-9430. Class size is limited and they fill quickly, so please register early. We will notify you only if the class is full or has insufficient enrollment. Use this enrollment form if you're sending a check.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

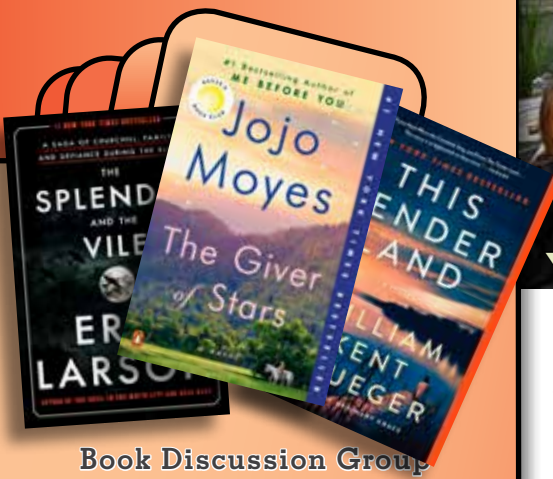
CLASS: \_\_\_\_\_ DATE/TIME: \_\_\_\_\_

**PLEASE MAKE CHECKS PAYABLE TO:**

**Richland Area Community Center  
9400 E. CD Ave. Richland, MI 49083  
269.629.9430**

**Or pay online at [www.richlandareacc.org](http://www.richlandareacc.org)**

A \$10 registration fee is withheld from all class refund requests. Registered students who make a refund request up to 7 days prior to the class start date will receive a full refund, minus \$10 registration fee. No refunds will be given 6 days before the start date. Full refunds will be given in the event a class is cancelled by RACC. See [www.richlandareacc.org](http://www.richlandareacc.org) for details.



**Book Discussion Group**

The book discussion group meets the third Thursday of each month at 9:30 am. **Newcomers are welcome!**

- The Giver of Stars**  
by Jojo Moyes ..... 10/21
- The Splendid And The Vile**  
by Eric Larson ..... 11/18
- This Tender Land**  
by William Kent Krueger ..... 12/16



**Gull Lake Area Rotary Club**

Thank you Gull Lake Area Rotary Club for the generous grant to upgrade our technology capabilities with the addition of a laptop, microphone, and video camera to facilitate Zoom meetings!

One of Rotary's goals is service. Are you interested in helping out on some of their service projects? Everyone is welcome! Trail maintenance, roadside cleanup, raking, Thanksgiving dinner baskets and Christmas gifts for kids for are all happening this fall, not to mention some great social activities where you could meet some great people, doing great things!

Speaker list:

- Rita O'Brien** Kalamazoo Area Human Trafficking Coalition ..... 10/21
- John Chapman** Coast Guard Auxiliary Aviation Presentation ..... 11/4
- Tom Edmunds** Veteran's Day speaker ..... 11/11
- Vince Carahaly** Wreaths Across America ..... 12/2

Gull Lake Area Rotary Club meets at RACC on Thursdays as noted, at 7:30 a.m. All are welcome to attend.



**YOU PLANTED YOURSELF!**

Hats off to our "Plant Yourself!" sponsors, donors, and volunteers who made our 2021 event so successful! We loved seeing your smiling faces! Thanks to you, we're able to bring additional programs, events and classes to our community!

**WICKED GOOD!**

Jaqua Realtors

**FANTASTIC!**

The McCann Family  
Richland Dentistry  
TruVista Wealth Advisors

**MARVELOUS!**

Sikkema Real Estate Team-Berkshire Hathaway HomeServices Michigan Real Estate  
B.E.S.T. Labs, Inc. (MDEQ Certified Drinking Water Laboratory)  
Dolbee Family  
NewHouse Clean-Carpet Cleaning  
Richland Village Drug  
Walker, Fluke & Sheldon, PLC

**WONDERFUL SPONSORS**

Cavalier Electric, Inc.  
Urban Nest

**IN-KIND SPONSORS**

River Street Flowerland  
Serafino's

**50/50 RAFFLE WINNER**

Candace Hawk

**SCAVENGER HUNT WINNER**

Sharon Reid



**RFM WRAP UP**

Wasn't the farmers' market great this year? All those food trucks? Thank you to all our vendors, shoppers, market coordinator, Jennifer Bradley; Ashley Moody, volunteers and RACC staff for making the 2021 RFM season marvelous! We couldn't have done it without you, and we can't wait to do it all again next year! See you in the spring of 2022!

Thank you to our generous RFM sponsors, Gray and Associates Insurance Group and Sherman Lake YMCA. We so appreciate your support!

**NEW TO THE AREA?  
ON YOUR OWN?  
LOOKING TO MEET PEOPLE?**

Do you like to gently exercise, laugh and make new friends? So many of our guests have enjoyed the exercise class, "Swingin' with Susan," held on Mondays and Thursdays @ 10:30 a.m.

Susan Iervolina has led this crazy group for almost 10 years now! This group has stayed together, often lunches after class, sends notes and cards and boy, do they have a good time! They make everyone feel welcome and yes, they get in some good exercise as well. One of our friends called us "her happy place" based on her experience with this class.

The first class is free, but after that, you'll want to spend two days a week with your newfound friends, we promise! M-Th 10:30 \$5



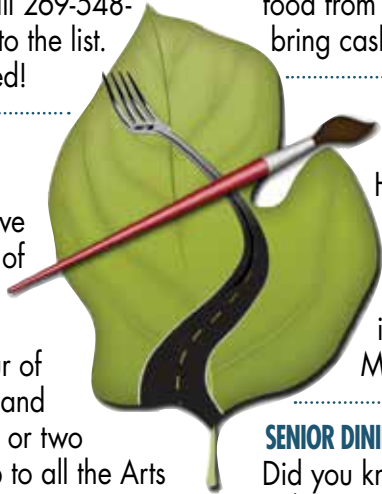
# RACC Announcements!

## RAKE-N-RUN FOR SENIORS, MUST RSVP

Are you older and unable to complete your fall raking? Do you live in the Richland Area? We are partnering with Gateway Academy students and the Gull Lake Area Rotary Club to provide raking for those who need help. Space is limited and only raking will be provided. Call 269-548-3427 to be added to the list. First come, first served!

## ARTS & EATS

Oct. 16 and 17, 10 am-5 pm. We have an incredible lineup of artists, what could be better than a back road, color tour of artist studios, farms, and food? Grab a friend or two and make a day trip to all the Arts and Eats sites!



## POP UP "GENTLY LOVED" PURSE SALE!

Here's your chance to get a deal at our Pop Up "gently loved" purse sale, everything only \$5! Check it out during the Harvest Market, 3-6 pm.

## SENIOR DINING COUPONS ARE BACK!

Did you know we offer Meal tickets for a \$3 meal at Liz's Parkview Café and Yogi's in Schoolcraft? You must sign up for this Senior Services' program, be over 60 and live in a qualified zip code- 49012, 49034, 49053, 49083, 49087 and 49088. We sell tickets on Tues and Wed. from 10 a.m to 1 p.m.

## WELCOME BACK STUDENTS!

The GL Virtual Partnership is back in class and the RACC is happy to provide a place for them to conduct a variety of in-person classes. Welcome back, GL Partnership students, teachers, and staff. We wish you a fantastic year of learning!

## MMAP HELPS EDUCATE AND COUNSEL OLDER ADULTS TO MAKE INFORMED HEALTH BENEFIT DECISIONS.

Need help with Medicare/Medicaid enrollment? Review your current plan with a trained, certified counselor. Call 269-373-5158 for help.



## WALK-UP BORGESS FLU CLINIC

Borgess will be at the RACC on Friday, October 8, from 9 am-1 pm for a Walk-Up Flu and Pneumonia Clinic. Flu shots are recommended every year for everyone over six months of age and older. For the most up-to-date clinic information, call (269) 382.6735.



## FREE TECHNOLOGY TUTORING FOR SENIORS!

Tuesdays, 9-11 a.m. Dates: 10/12, 10/26, 11/9, 11/23, 12/7. Call today! The Gateway Students are back and ready to help you with your tech problems! Through this popular program, we will pair you, one-on-one, with a student who will sit with you and help you navigate your smart phone or tablet. Call 269.629.9430 to schedule your 30-minute session today! .

*Farley*  
**ESTES & DOWDLE**  
FUNERAL • CREMATION • PRENEED CARE

*FarleyEstesDowdle.com*  
269-629-6022



9170 East D Avenue  
Richland, MI 49083



Our travel planners are at it again, planning and hosting fabulous trips. Take a look below to see what adventures are planned for 2022! Book your trip today! For details, please go to [www.richlandareacc.org](http://www.richlandareacc.org) and click on the travel tab.

## FLORIDA GULF COAST VACATION

Feb. 24-March 13, 2022 - \$2,699 pp. dbl. occ.

## THE KENTUCKY DERBY EXPERIENCE

May 18-20, 2022 - \$599 pp. dbl. occ.

## MAINE: MOUNTAINS TO THE SEA

June 19-28, 2022 - \$2,499 pp. dbl. occ.

## AMERICAN QUEEN

August 7-15, 2022 - from \$4,264 to \$5,964

## NEW YORK CITY

August 29-September 3, 2022 - TBD

ORGANIZATIONS, GROUPS AND GATHERINGS		
AYSO	MONTHLY	
BOOK DISCUSSION GROUP	3RD THURSDAY	9:30 AM
GULL LAKE AREA ROTARY CLUB	THURSDAY	7:30 - 8:30 AM
SENIOR DINING COUPONS	TUES & WEDS	10 AM - 1 PM
CARD GROUPS		
BRIDGE	TUESDAY	11 AM - 2 PM
EUCHRE	WEDNESDAY	12:30 - 3 PM
HAND & FOOT	WEDNESDAY	NOON - 3 PM
DANCE, SPORTS, FITNESS, MUSIC, AND ART		
TOTAL BODY CONDITIONING	MONDAY (6 WKS)	6 - 7 PM
STRENGTH & CONDITIONING	TUESDAY (6 WKS)	10:30-11:15 AM
MAT PILATES WITH DEIDRE	TUESDAY	9:15 - 10:15 AM
SENIOR BALLROOM DANCE	RESUMES 2022	2 - 5 PM
SQUARE DANCE	RESUMES 2022	7 - 10 PM
SWINGIN' WITH SUSAN	MON & THURS	10:30 - 11:30 AM
TAE KWON DO	THURSDAY	6 - 7:30 PM
YOGA-GENTLE, CATHY	MON & THURS	10:15 - 11:15 AM
YOGA-INTERM., CATHY	MON & THURS	9 - 10 AM

SPECIAL EVENTS CALENDAR
<b>RAKE N RUN</b> BY APPOINTMENT, CALL 269-548-3427
<b>RACC TRAIL CLEAN-UP</b> THURSDAY, OCT 7, 8 AM)
<b>WALK-IN BORGESS FLU/PNEUMONIA CLINIC</b> FRIDAY, OCT 8, 9 AM-1 PM
<b>TECHNOLOGY TUTORING</b> TUESDAY, OCT 12 & 26, NOV 9 & 30, DEC 14, 9 - 11 AM, <b>FREE</b>
<b>ARTS &amp; EATS</b> OCT 16 & 17, 10 AM- 5 PM, <b>FREE</b>
<b>HARVEST MARKET FESTIVAL</b> WEDNESDAY, OCT 20, 3 - 6 PM
<b>POP-UP PURSE SALE</b> WEDNESDAY, OCT 20, 3 - 6 PM
<b>SOFT PASTEL SECRETS/LISA OLIVAREZ</b> THURSDAY, NOV 4, 6 - 8:30 PM, \$60
<b>ANNA BARNHART ACRYLICS</b> THURSDAY, DEC 7, 6 - 8 PM, \$45

**THE NEWSLETTER FOR THE RICHLAND AREA COMMUNITY CENTER**

Off The RACC is a publication of the Richland Area Community Center, a registered 501(c)3 nonprofit organization located in Richland, Michigan. The newsletter is published in January, April and September.

Please direct all correspondence to: Richland Area Community Center 9400 East CD Ave. Richland, MI 49083 (269) 629-9430

**Executive Director**  
Jilisa Grooters Williams

**Board of Directors**  
Betsi English, President  
Susan Chrisman, Treasurer  
Ella Segur, Secretary

**Trustees**  
Fred Einspahr  
Marie Stech  
Andrea Trautman  
Hilary Willavize

Richland Area Community Center Board Meetings are held on the 3rd Tues. of every month at 5:30 pm.

Community participation is welcomed at RACC board meetings. A written request to speak is required at least 24 hours before the board meeting. Individuals are allowed 5 minutes to make their presentation.

