## Off The RACC



FALL 2015 • VOLUME 8, ISSUE 4

# ARTS AND EATS At the RACC

Get out the map, hit the road and enjoy a weekend of fall color, great art and farm to table fare!

The Community Center is once again an official gallery site on the 2015 Arts and Eats tour, Saturday and Sunday, October 17 and 18 from 10-5 both days.

This is the 5th year for Arts and Eats - more than 50 studios, galleries, restaurants and farms will be open to the public for some great back road color tour fun! The sites spread across Barry, Allegan and Kalamazoo counties where you'll find "local art, food and agriculture in those little out of the way places that beg to be discovered!" Time for a road trip, starting at the RACC!

### **ARTISTS AT THE RACC**

This year we will be featuring several well-known and talented local artists: Carol Yager, Marge VeenKant, Janice Garrett, Therese Winnard, Tom Dockham and Peggy Ayers among others. Look for beautiful pastel and watercolor paintings, handmade clocks, cleverly crafted birdhouses, Michigan-shaped chairs, nature photography, cards, whimsical and colorful paper mache sculpture, handmade pillows and much more. Don't miss it!

NEWSLETTER FOR THE RICHLAND AREA COMMUNITY CENTER

### **A&E OFFERS BIKE ROUTES**

This year Arts and Eats suggests several bicycle routes throughout the region and you can download and print information about each of the suggested routes from artsandeats.org or design your own route via mapmyride.com. Team Active Cycling and Fitness will provide full support to riders in the field

Don't forget to pick up your Passport when you visit the sites. This allows you to register for some very cool prizes.

You can pick up your map for the self-guided tour at any Arts and Eats location, or go online to learn more at artsandeats.org or go to our website, richlandareacc.org for the links.

### **LOCAL SITES ON THE TOUR**

Don't forget to visit The Little Yellow Frame Shop, Shiloh Farms, Michael Kifer Studios, W.K. Kellogg Bird Sanctuary, All Girl Band, Pronking Acres Alpaca Farm, Brock Howland and HopHead Farms. They're all from the Greater Gull Lake area and on the tour too! Hungry? Head to Canal St. and Queen's Cupboard!

Arts and Eats is modeled after successful tours nationwide including Blue Coast Artists and Harvest Tour, Toe River Studio Tour near Asheville, North Carolina, and the High Road Artist Tour in New Mexico. The intention is to promote Michigan as a cultural arts and local food destination.

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Richland Area Community Center 9400 East CD Ave. Richland, MI 49083

### **EXPLORE WITH RACC PACK ADVENTURE TRAVEL!**

We have a wonderful variety of exciting trips for you. For more details, go to richlandareacc.org.

#### **DAY TRIPS**

### AUTUMN IN BIRCH RUN & FRANKENMUTH

#### **October 3, \$69**

Spend the day shopping at the largest outlet mall in the Midwest, Prime Outlet at Birch Run! Peruse the 170 stores at Birch Run or visit Frankenmuth, "Michigan's Little Bavaria," to enjoy the unique history, shopping, and dining opportunities or divide your time between both destinations.

### **ARTPRIZE SEVEN!**

### October 8, \$85 pp

This trip leaves right from the RACC! Enjoy RACC exclusive, pre-public, guided tour of the Grand Rapids Art Museum and reserved lunch at the trendy San Chez. Leave the driving, parking and lunch plans to us!

### PRE-CHRISTMAS SHOPPING AT WOODFIELD MALL AND IKEA

#### November 7, \$69

Find gifts for everyone on your list at Woodfield Mall, the 5th largest mall in the US! If you wish, split your time between Woodfield Mall, IKEA and the smaller discount mall in-between the two.

#### CHRISTMASTIME IN CHICAGO!

#### November 28 or December 5, \$54 pp

There's nothing quite like the holiday season in the Windy City! Bring your family and enjoy the festive spirit of Chicago while taking in the fantastic museums, shopping or enjoying vibrant Rush Street

#### **OVERNIGHT TRIPS**

### UNBRIDLED SPIRIT, BOURBON & BLUEGRASS IN KENTUCKY

### Oct. 12-16, \$855 pp, dbl occupancy

Discover Kentucky's unique natural diversity and beauty! Tour Maker's Mark Distillery, Churchhill Downs, Mammoth Cave, Kentucky Horse Park, and historic downtown Lexington. Stop at the Louisville Slugger Bat Museum, National Underground Railroad Museum, National Corvette Museum, and enjoy a dinner cruise, evening entertainment and more!

### SMOKY MOUNTAINS/ NORTH CAROLINA ADVENTURE

#### October 17-24, \$1,599 pp, dbl occupancy

Discover the beauty of the Smoky Mountains in the Fall! Drive through the Great Smoky Mountain National Park and ride on the Great Smoky Mountains Railroad. Enjoy a private tour and tasting at the beautiful Burntshirt Vineyards, tour the Billy Graham Library, Charlotte Motor Speedway and see USO Show in Virginia Beach!

### **NEW YEARS ON THE RIVER**

### December 30, 2015-January 1, 2016, \$499 pp, dbl occupancy

Join us for a unique News Year's Eve Celebration aboard the River Queen on the Ohio River in Covington, Kentucky! Bring in the New Year with great food, drink and music. This boat is enclosed, heated, and reserved just for our group. This trip includes admission to Newport Aquarium, Cincinnati Museum Center, and dinner the first night.

### BILOXI / NEW ORLEANS

### May 5-8, 2016, \$1,599 pp, dbl occupancy

You won't want to miss this exciting trip! Try your luck at the casino and visit the lighthouse and home of Jefferson Davis in Biloxi. Experience and enjoy the ambiance and culture that only New Orleans can offer. You'll take a shrimp boat tour, go to a shrimp boil, enjoy a Jazz Brunch Cruise aboard a steamboat, tour the French Quarter in a horse-drawn carriage, enjoy the French Quarter Festival, see Elvis Presley's Graceland en route, and more!

#### THE KENTUCKY DERBY

### May 5-8, 2016, \$1,599 pp, dbl occupancy

Join us as we head to Louisville, Kentucky for the 142nd running of the Kentucky Derby! We'll enjoy reserved seats in the grandstands, so bring your big hats and enjoy a mint julep and a spectacular day at Churchhill Downs as you watch the most exciting two minutes in sports. This trip also includes a Jefferson Derby Brunch Cruise, Thoroughbred Trail Tour, visit to a thoroughbred horse farm, retirement ranch, and tour of the Woodford Reserve Bourbon Distillery.



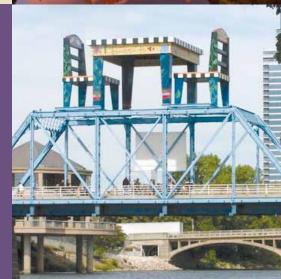


### Featured Trips ArtPrize Seven

October 8, \$85, pp

Leave the driving and lunch plans to us and enjoy a stress-free day taking in the magnificence of at ArtPrize Seven in Grand Rapids.

Park at the RACC and spend the rest of the day enjoying the great variety of impressive artwork during this huge international art competition. You can even see local artist, Ellen Orrego's piece, "Love Stories," on display at the B.O.B. on 20 Monroe Ave., NW, and rumor has it that Richland local and former GL teacher, Sharron Ansell, will display her entry, "Peace," at J. Gardella's Tavern on 11 Ionia St! Sign up today!





The Artists of ARTS 2000  Marge Veenkant is known to many of you but you may not know what an incredibly talented artist she is. She works in just about every medium, creating wonderfully whimsical pieces, all with a great sense of humor.

"I've always been drawn to art, love doing fused glass, fiber, working with different textures. I'm really drawn to bright colors, there's so many things you can do with it," said Marge. Next project? Something unusual made out of corrugated cardboard. Perhaps you'll see it at Arts and Eats!

Carol Yager has taught pencil drawing and watercolor classes here and the students have benefited greatly from her knowledge. "I love the opportunity art provides me to examine and interpret the fascinating world around me," said Carol. She's taught through the KIA at the RACC, the Portage Senior Center, as a guest visiting artist at Portage Northern, the Parchment Library, and with private instruction students.

Janice Garrett may be familiar to you as well. Her work took best of show at the Richland Art Fair this summer. Her paintings were selling like hotcakes! Janice was an elementary school art teacher and has recently ventured out to pursue her passion. Her paintings are just plain spectacular, filled with detail and creativity.

Thomas Dockham and Peggy Ayers form PIC-WOOD, USA. These two artists are based in Kalamazoo, Dockham is a maker of custom wood furniture and is also a published photographer with several awards to his credit. Ayers, also an accomplished photographer has her works hanging in both public and private collections. She focuses on the complex settings of nature and wildlife and she is working on a project that will complete the alphabet through natural compositions. Look for notecards, photography, clocks and those beautiful Michigan chairs!

Therese Winnard uses upholstery-weight textiles in her throw pillows. These arty designs will look good and hold their shape no matter how it's called to service: behind your head as you read in bed, scrunched as lumbar support behind your back, or providing just the right "prop" while you watch your favorite TV shows!

Hope to see you this fall at Arts and Eats, Oct. 17 & 18 from 10 am to 5 pm!















### **PAINTED LADY STUDIOS w/Val Karam**

3 Week Class: Oct. 29, Nov. 5 & 12

5:30-8:30 pm

Ages 15 and Up \$40 per session

Bring in a chair, a lamp, cool found items you want to repurpose and get painting with Val's expert instruction and direction. Val makes beautiful things out of everything she touches. Craft something wonderful for your family or friends, just in time for Christmas!





### FELT HAT MAKING WORKSHOP w/ Dawn Edwards

September 26, 9 am - 4:30 pm Ages 15 and Up \$175

World renowned artist Dawn Edwards will teach you how to create a one-of-kind felt hat! Come learn the basics of felting, or expand your knowledge, as we create beautiful felt cloche style hats, made with gorgeous Merino wool roving. We will create our hats over a template (flat resist), using wet-felting techniques. Hats will then be blocked. All levels are welcome! Fun, fun, fun! Registration Deadline 9/21

### **NEW!** Cooking Series! SOUPS AND STEWS Wed. Oct. 21, 6-8 pm Ages 14 to Adult, \$40

Come hungry to this class! You'll work with healthy local ingredients and make hearty soups and stews. Potato Leek, Chicken Peanut and a Hearty Vegetable stew are all on the list. In two hours we'll prep and cook all three, served with a delicious bread on the side. Instructor Kama Mitchell serves on the Board of the People's Food Co-op, is a self professed "foodie" and learned cooking in the kitchens of her Creole and Italian grandmothers. Yum! Registration Deadline 10/16



Photo credit: cookingmatters.org



Photo credit: mariasitaliankitchen.com

### **GLUTEN-FREE BAKING**

Wed. Nov. 4, 6-8 pm Ages 14 to Adult, \$40

Learn to cook without the wheat! Tonight we'll make delicious blueberry scones with lemon glaze, banana walnut bread and corn muffins, all gluten-free! Taught by Kama Mitchell, who is passionate about healthy, great tasting food! Registration Deadline 10/30

FOR MORE INFO AND TO REGISTER, GO TO RICHLANDAREACC.ORG.



ALL CLASSES AND CAMPS
HELD AT THE RACC.



### Civic Theatre - HORROR MAKE-UP!

(just in time for Halloween!)
Fri. Oct. 23 5:30-7:30 pm
Ages 9 to Adult, \$35



Learn all of the tricks of the trade—from black eyes to scars and more. Get ready for Halloween and beyond in this fun (gruesome!) introduction to horror makeup. Please bring a smock of wear an old shirt just in case you spill the stage blood! Expect some gruesome snacks as well! Registration Deadline 10/20

### **ONE DAY PASTEL WORKSHOP with Carol Yager**

Sun. Nov. 15 2-5 pm Ages 14 and Up, \$35

Bring out your inner artist and try something new! Using brilliant colors, you'll learn the tips and techniques necessary to create something beautiful in pastel. This workshop will cover some of the basics needed to create a pastel landscape.

Registration Deadline 11/12





### SECURING CORPORATE SPONSORSHIPS

Monday, October 26, 9-10:30 am FREE

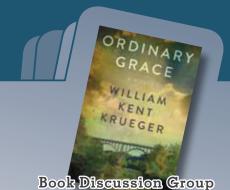
This is the second in our quarterly series of non-profit training from ONEPlace. Class held at RACC. Cash in on corporate support! Sponsorships are where the real money is in fundraising events. Securing high-dollar sponsors ahead of your event will add directly to your bottom-line. We will share the know-how you need to get companies excited about sponsoring your fundraising event. To register go to kpl.gov/ONEplace/calendar.

All classes require pre-payment. Register online at richlandareacc.org, by check with enrollment form, or by phone at 629.9430. Class size is limited and fill quickly, so please register early. We will notify you only if there is insufficient enrollment.

NAME:				PLEASE MAKE CHECKS PAYABLE TO:
ADDDECC.				PLEASE WARE CHECKS PATABLE TO.
ADDRESS:				Richland Area Community Center
ZIP:	_ PHONE:	EMAIL: _		9400 E. CD Ave. Richland, MI 4908
CLASS:			DATE/TIME:	OR: Pay online, www.richlandareacc.org

We encourage students to sign up early. Classes may be canceled due to low enrollment.

In the event a class is canceled, full refunds will be issued.



The Book Discussion Group meets the third Thursday of each month at 9:30 am. Newcomers are welcome and encouraged!

Ordinary Grace

by William Kent Krueger ..... Sept 17

Going Clear: Scientology, Hollywood and the Prison of Belief

by **Lawrence Write** ......Oct 15

Being Mortal: Medicine and What Matters in the End by Atul Gawande

nde ..... Nov 19





The Gull Lake High School

Monday, October 5, 2015, 4:30 - 7:30 PM Carry-Out Starts at 3:30 PM

Minimum Donation Adult: \$10, Child (5-12): \$5, Kids under 5 eat **FREE!** 

Tickets available from any GLARC member or at the following locations: Biggby Coffee (on Gull Road), Richland Area Community Center (in Richland), Birkshire Hathaway Home Services (in Richland), or Kollig's Korner Market (in Hickory Corners).



The Richland/Gull Lake Area Lions Club is excited to host its third annual **Dinner in the Dark** fund raiser at The Gull Lake Country Club. Diners will experience eating a meal as a visually impaired person. Live Auction, Silent Auction, Cash Bar. \$50 per person.



For more information: Linda Engle 269.823.2994, Paul Ellis 269.330.9030



### MEET UP AND EAT UP -ANOTHER YEAR OF SUCCESS!

We were delighted to host the Meet Up and Eat Up program again this year. This program provides free meals to kids 18 years old and younger. It was so successful last year, this summer Meet Up and Eat Up was offered at two locations—RACC and Kellogg Elementary—adding breakfast at Kellogg Elementary. Combined, the two locations served 6,127 meals, which is 2,771 more than last year!

We are proud to partner with such a worthwhile organization and are grateful for the GLCS staff and our volunteers who helped make the program a success! We are looking forward to hosting this important program next year.

### PROTECT YOURSELF AGAINST CYBER-CRIME!

Be Safe Online, free! Wondering how to protect yourself when you're online using your computer, cellphone, or tablet? Learn how to protect your personal information and your electronics in an understandable, non-tech-heavy and entertaining class suitable for all ages and levels of computer knowledge. This class will be held on Thurs. Sept. 24 from 6-7:30 pm and includes: A brief history of computers and cyber-crime, Real-world stories of hacking and identity theft, including behind-the-headlines details of recent high-profile data breaches (and some you may never have heard about), and Solid steps the average person can take to protect themselves, their families, and their workplace when online - 'Safe-Surfing'.

This class is taught by Andrew Alspach, President and Founder of InfoSafe, headquartered in Richland. Mr. Alspach has over twenty years of experience in corporate and information security, is a Certified Identity Theft Risk Management Specialist. Please RSVP at 629-9430.

### LOOKING FOR A VOLUNTEER DRIVER

Like to drive and travel? We're looking for a volunteer to be trained and drive a 10 passenger van. We're partnering with Metro Transit in Kalamazoo. They offer Community Service vans for day trips. This will allow us to drive our guests to places like Saugutuck, Meijer Gardens, Southern Exposure, Marshall, all kinds of places! But... we need a driver! Looking for fun and friendly people who are willing to go on the road with our seniors! The next training session is scheduled for Oct. 7th. Please call Jilisa for more information, 629-9430.

### WALK WITH COMMUNITY AND HELP THE PARKS

Interested in getting fit and helping our Township Park apply for grants? Join us for a Community Walk on Weds. Sept. 30 at 6 pm. Meet in the RACC parking lot. Several community members have been walking through the summer to stay in shape. This is in partnership with Richland Township Parks and Recreation. Hope to see you on a Weds. walk!

### WELCOME GULL LAKE PARTNERSHIP!

This fall you'll see many new faces at the RACC! We're collaborating with Gull Lake Community Schools to host some of the GL Partnership's wide variety of classes. As a Community Partner, we're providing space to the partnership for art and nature classes, robotics, folk dance and much more. Many of these same instructors will be offering evening classes for the community. This is truly a win for all! Welcome GL Partnership!



# RACC Announcements!

### Borgess Flu and Pneumonia Clinic!

Fri. Sept. 23 and Oct. 2, 9 - 1pm.

Borgess will be at the RACC to give vaccines for ages 6 months and up. They also will have pneumonia vaccines. They accept MasterCard, Visa, Discover, check or cash, and participate with Medicare Part B and

**Recycle Your Electronics - FREE!** 

information, www.flushot.borgess.com.

most commercial plans. For more

Sat. Sept. 26, 9 am-1 pm. Together with Emerald eCycling, LLC, we will accept electronics at the RACC. Check our website at www.richlandareacc. org, for accepted items (\$15 charge for CRT monitors). No television, smoke detectors, hazardous waste, dehumidifiers, or large household appliances, please. Advanced drop-off dates, Sept. 14-25. Questions? Call Emerald at 269.978.1914. All proceeds benefit the RACC!

### **New Evening Yoga!**

We're offering two evening yoga classes at the RACC. Meghan Luchies will be here on Mon. nights at 6 pm and Kathe Corbett Bowman will here on Tues. at 6 pm. Drop ins welcome! \$10. New 6 week sessions of "Core Boost" (more difficult) yoga are being offered on Friday mornings at 9:15 as well. You must pre-register to attend Core Boost. Email Cathy at csdtucci@comcast.net for more about Core Boost and registration.

### Crafters & Vendors Needed for the Holiday Market!

We are seeking artists, crafters and vendors for the RACC Holiday Market (formerly

the Holiday Bazaar). The Holiday Market will take place on Nov. 14, 10 am – 2 pm, and tables are \$20. This is a great weekend to sell your wares, as it's the first weekend of deer season!

To reserve your table, please contact Lucy at 269.629.9430. Limited space

### Audition to be on the Ed Sullivan Show!

Come join the fun and be a part of the Delton ACT (Amateur Community Theatre) "Ed Sullivan Show"!
Auditions for all parts will take place on Sun. Sept. 27, from 5:30-8:30 pm at RACC. Ages 18-80 are welcome to audition. The shows will take place October 30 at 7:30 pm and October 31 at 2 pm at the RACC.

and tables, First come, first served!

**Alzheimer's Support Group** 

Our friends at the Gull Lake United Methodist Church are hosting an Alzheimer's Disease Support Group on the second Friday of each month from 2-3:30 pm for caregivers and/or family members. For more information, please contact Barbara Beardsley at 731-5696.

#### **Lunch and Learn**

Thurs. Oct. 8th, 11:30-12:30.
October's topic will be "Arthritis" how to live with it, work through it and keep active. Lunch will be provided but you must RSVP to attend. Call 629-9430 and reserve your spot.



**AARP Safe Driving Course** 

Wednesday, September 30, from 9:30 am-5 pm. Free lunch provided by Absolute Homecare. This one-day course based on videos, lectures and conversation will help you keep driving longer and safer. Some insurance

companies give a discount for those taking the class. Register early, only 12 spots available! \$20 for AARP members, \$25 for non-members. Call 629.9430 to register.

### **ONEPlace at the RACC**

How to Secure Corporate
Sponsorships. Monday, October 26,
9 - 10:30 am. Join us for a workshop
designed to help non-profits bring in
corporate sponsorship. Cash in on
corporate support! Sponsorships are
where the real money is in fundraising
events. To register, visit the kpl.gov/
ONEplace or the RACC website.



### **REGULAR EVENTS CALENDAR**

ORGANIZATION	NS, GROUPS AND GA	THERINGS				
COFFEE HOUR	TUES. AND THURS.	9:30-10:30 AM				
BOOK DISCUSSION GROUP	3RD THURSDAY	9:30 AM				
GULL LAKE AREA ROTARY CLUB	THURSDAY	7:30-8:30 AM				
GULL LAKE QUALITY ORGANIZATION	BY. APPT.	7-9 PM				
LIONS CLUB	1ST THURSDAY	5:30-7:30 PM				
PAF	3RD TUESDAY	6 PM				
SENIOR DINING COUPONS	TUESDAY WEDNESDAY	9 AM-5 PM				
WIN	3RD MONDAY	5:30-8 PM				
GIRL SCOUTS	1ST THURSDAY	7-8 PM				
CARD GROUPS						
BRIDGE	MONDAY	12:30-3:30 PM				
EUCHRE	WEDNESDAY	12:30-3:30 PM				
HAND & FOOT	WEDNESDAY	1-3:30 PM				
dance, sports, fitness, music, and art						
SENIOR BALLROOM DANCE	SEPT. 27, OCT. 11, NOV. 15	2-5 PM				
SQUARE DANCE	SEPT. 19, OCT. 17, NOV. 21, DEC. 19	7-10 PM				
SWINGIN' WITH SUSAN	TUES. AND THURS.	10:30-11:30 AM				
AYSO	BY APPOINTMENT					
YOGA WITH SHERRI	MONDAY	10:30-11:30 AM				
YOGA, HVINYASA MEGHAN	MONDAY	6 PM				
YOGA, GENTLE	TUES. AND THURS.	10:15-11:15 AM				
YOGA, INTERMEDIATE	TUES. AND THURS.	9-10 AM				
YOGA, HVINYASA KATHE	TUESDAY	6 PM				
YOGA, CORE BOOST	FRIDAY	9:15 AM				
TAI CHI, BEGINNER	WEDNESDAY	10:30-11:30 AM				
TAI CHI, INTERMEDIATE	WEDNESDAY	4:30-5:30 PM				
FOOT CLINIC	4TH TUESDAY BI-MONTHLY	BY APPT.				
"MUSIC TOGETHER"	TUESDAY	5:30 PM				
KINDERMUSIK FAMILY TIME	WEDNESDAY	9-9:45 AM				

### **SPECIAL EVENTS CALENDAR**

LAURELS LUNCH & LEARN Thurs. Sept. 10, Oct. 8 ,RSVP, 11:30 am-12:30 pm **BORGESS FLU CLINIC** Fri. Sept 23, Oct. 2, 9 am - 1 pm HAT FELTING WORKSHOP Sat. Sept. 26, 9:30 am - 4:30 pm **ELECTRONIC RECYCLING** Sat. Sept. 26, 9 am - 1 pm **AUDITIONS ED SULLIVAN SHOW** Sun. Sept. 27, 5:30 - 7:30 pm AARP SAFE DRIVING COURSE Wed. Sept. 30, 9:30 am - 5 pm RACC ARTPRIZE SEVEN TRIP Thurs., Oct. 8, 8:30 am - 6:30 pm **ARTS & EATS TOUR** Oct. 17 & 18, 10 am - 5 pm CIVIC THEATRE HORROR MAKEUP Fri. Oct. 23, 5:30 - 7:30 pm **ONEPLACE CORPORATE SPONSORSHIP** Mon. Oct. 26, 9 - 10:30 am **ED SULLIVAN SHOW** Fri. Oct. 30, 7:30 pm, Sat. Oct 31, 2 pm HOLIDAY MARKET Sat. Nov. 14, 10 am - 2 pm PASTEL WORKSHOP Sun. Nov. 15, 2 - 5 pm **ONLINE COMPUTER SAFETY** Thurs., Sept. 24, 6 - 7:30 pm **SOUPS AND STEWS** Wed. Oct. 21, 6 - 8 pm PAINTED LADY STUDIOS Thurs. Oct. 29, Nov 5, 12, 5:30 - 8:30 pm **GLUTEN FREE BAKING** Wed. Nov. 4, 6 - 8 pm **BLOOD PRESSURE CHECK** 

Sun., Nov. 15, 3 - 4 pm



THE QUARTERLY NEWSLETTER FOR THE RICHLAND AREA COMMUNITY CENTER

Off The RACC is a quarterly publication of the Richland Area Community Center, a registered 501(c)3 nonprofit organization located in Richland, Michigan.

Please direct all correspondence to:

Richland Area Community Center 9400 East CD Ave. Richland, MI 49083 (269) 629-9430

Jilisa Grooters Williams Executive Director

Richland Area Community Center Board of Directors

John McCann, President Drew Bordner, Vice President Betty Miller, Secretary Jason Henderson, Treasurer

Rob Brinkerhoff Marcia Cairns Val Karam Nancy Land Lori Nay Tomlinson

Richland Area Community Center Board Meetings are held on the 3rd Tues. of every month at 5:30 pm.

Community participation is welcomed at RACC board meetings. A written request to speak is required at least 24 hours before the board meeting. Individuals are allowed 5 minutes to make their presentation.

